

## Product: APEX TLSO Back Support - 5056

### FEATURES:

- Easy to use universal sizing system
- Adjustable pull tabs to allow optimal compression
- Provides stability and support for chronic sprains and strains of the thoracic spine, spinal stenosis, and post-surgery support
- Effective in providing compression and support to the thoracic and lower spine, helping to prevent further injury



### Order #

### Location

5056

Universal Fit (25" - 60" Waist)

### HOW TO APPLY:

1. To adjust posterior support, first detach the mesh backing on the back of the brace, exposing the pulley compression system and peel the hook and loop strip securing the posterior support.
2. While holding the back panel in one hand, use the other hand to gently pull the posterior support to the desired height. Re-attach the hook and loop strip to secure the support in place and re-attach the mesh backing.
3. To begin, open the side panels and place your right arm through the right shoulder strap. Next, place your left arm through the left shoulder strap, very similar to putting on a backpack.
4. Making sure the back panel is centered, wrap the left side panel around to the abdomen and hold in place, wrap the right side panel around to the abdomen and attach to the left panel.
5. Using the thumb loops, grasp the compression straps and simultaneously pull straps away from the body until the desired level of compression is achieved.
6. Using the quick-snap, attach the external strap and adjust as needed. Make any adjustments to the shoulder straps; making sure the brace fits snug. Re-adjust side panels and compression straps as needed.

**CARE INSTRUCTIONS:** Remove the rigid components. The rigid components can be wiped clean with a damp cloth. Soft goods can be hand washed in warm water with a mild detergent. Triple rinse and air dry. Avoid twisting the material to remove water.

*Note : Your practitioner is familiar with your specific medical condition and is using this product as part of your total care. Make sure to follow their directions exactly, even if they do not match the directions below.*

**CAUTION:** The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

### SUGGESTED HCPCS CODE:

L0456/L0457

This QR code can be scanned by your smart phone and directs you to the Product Detail Page.

