



## COOLFORCE KNEE BRACE

Order #	Size	Sugg. HCPC
5530 (w/o Hinges)	Universal	N/A
5535 (w/ROM Hinges)	Universal	L1847/L1848
5545 (w/Poly Hinge)	Universal	L1810/L1812
561	Add'l Gel Pad	N/A
33	Add'l Cold Pack	N/A



### Directions for Air Compression Therapy

1. Locate the ON/OFF valve on the exterior of the wrap.
2. Connect the bulb/pump hose connector to the valve by turning clockwise.
3. Turn the valve to "ON" (open).
4. Using your hand (grip) manually compress the bulb/pump intermittently to fill the Wraps outer bladder to a desired and comfortable setting. To reduce the amount of air pumped into the Wrap press the "black button" below the bulb/pump to release air. Adjust air pressure to a desired and comfortable setting.
5. Once the desired air pressure is set turn the valve to "OFF" (closed).
6. Disconnect the bulb/pump and tubing by turning the hose connector counterclockwise.
7. To remove the air in the Wrap bladder simply, turn the valve to "ON" (open).

### Directions for Setting the Hinge

1. Open hinge cover and remove pins.
2. Set flexion first by moving hinge arms until an opening is seen through the desired Hexion setting.
3. Drop pins into desired setting, snapping them into place. Set both sides of the hinge (left/right) at the same degree of flexion.
4. Set extension by moving hinge arms until an opening is seen through the desired extension setting.
5. Drop pins into desired setting, snapping them into place.
6. Set both sides of the hinge (left/right) to the same degree of extension. Close hinge cover.

### Directions for Cold Therapy

1. Place the removable gel pack in the freezer for a minimum of two hours.
2. Using the Velcro tabs adhere the gel pack back into the Wrap in the appropriate position.
3. To protect the skin from allow no more than 15-20 minutes of therapy at a time.

### Directions for Heat Therapy

1. Place the pack in microwave for 40 seconds at 800W, increase heating time at 20 seconds intervals to reach desired temperature if needed.
2. Once the gel pack has cooled enough to handle, use the Velcro tabs to secure the gel pack back into the Wrap in the appropriate position.
3. It is important to allow a minimum of 20 minutes between each use.

## THE COOLFORCE THERAPY LINE

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This QR code can be scanned by your smart phone and directs you to the Product Detail Page.



**CARE INSTRUCTIONS:** Hand wash in cold water with mild soap. Air dry away from heat. Don't tumble dry. Don't bleach.  
**CAUTION:** Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.